

I Can Skip Going to the Dentist and Just Get Dentures, Right?

by Dr. Bromboz

Most people get gum disease at around age 35, in fact, that's why people lose their teeth and need dentures after they turn 45 or 50. The gums and bone hold the teeth in place and once you have gum disease you start losing the support of your teeth. Gum disease can be controlled so you don't have to lose all your teeth and get dentures. Are you on any kind of gum disease prevention program with your dentist? Do your gums ever bleed? Are any of your teeth loose? These are possible signs of gum disease. You could prevent the unexpected, unnecessary loss of your teeth with a preventative examination. Some people think, "Well I don't need to go to the dentist because if I lose my teeth I'll just get dentures." They possibly had a family member who had dentures and so the person thinks that dentures are the expected or a simple solution. These people don't know that your problems only JUST BEGIN when you get dentures. Perhaps your relative who had dentures did fine with them. But the missing information is that NOT EVERYONE CAN WEAR DENTURES. So unless I mentioned this you might think of them as a great solution when they are not. Some people can't tolerate them at all. Some people's mouth formation makes it difficult for the dentures to stay in the mouth. Some people can't even chew or lettuce with dentures. Dentures cover up the top of your mouth so you lose taste. So, although it seems like that might be an easy solution, you should have all the data before you operate on the conclusion that dentures are an easy solution.

Sure dentistry might have a cost to it but what is the cost of inability to chew or eat, not getting sufficient nutrition, possible inability to wear dentures AT ALL, so you can't smile, your face caves in when you have no teeth, etc. It would cost less and be more advantageous to simply come in every several months for a teeth cleaning and once yearly for an exam.

If you do HAVE to have dentures, and have no other choice, you can get excellent dentures made. The question is, despite the excellence of the dentures, are you the type of person who can tolerate that kind of thing in your mouth. Dentures should be a last resort, if you have NO OTHER choice.

Find out now how to save your teeth so you can keep them for life. Have your gums checked out. The progression of gum and bone loss can be halted by seeing your dentist and finding out about gum disease care. Some dentists don't check the health of your gums. Ask if they have a gum disease evaluation, treatment and maintenance program. Call now for an appointment so you can keep your natural smile.

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